

# Domestic Violence Education and Prevention Workshop

• 2:00 PM — 3:00 PM— Ben Halverson

- 3:00 PM- 4:00 PM Jeffery Johnson
- 4:00 PM 5:00 PM "Talk Show" (Guest- Denis Manson)and Guest Speakers

#### Domestic Violence: Education and Prevention Workshop



Cheryl Eichelberger

Eastern Montana Court Appointed Special Advocate/Guardian Ad Litem (CASA/GAL) Inc. https://www.casaofeasternmt.org/

2705 E Main Street Miles City, MT 59301

**OFFICE HOURS:** 

Mon-Fri: 8am-5pm

Sat & Sun: Closed

PHONE & FAX:

Tel: 406-234-2354

Fax: 406-234-9752

MAILING ADDRESS:

P.O. Box 1234

Miles City, MT 59301

#### Domestic Violence: Education and Prevention Workshop



Caroline Fleming
Executive Director

CUSTER NETWORK AGAINST DOMESTIC ABUSE & SEXUAL ASSAULT

http://endomesticviolence.wixsite.com/cnada

2000 CLARK STREET

Miles City MT 59301

24-hour Lines:

Toll Free: 888-799-0542

Miles Clty:

406-951-0475

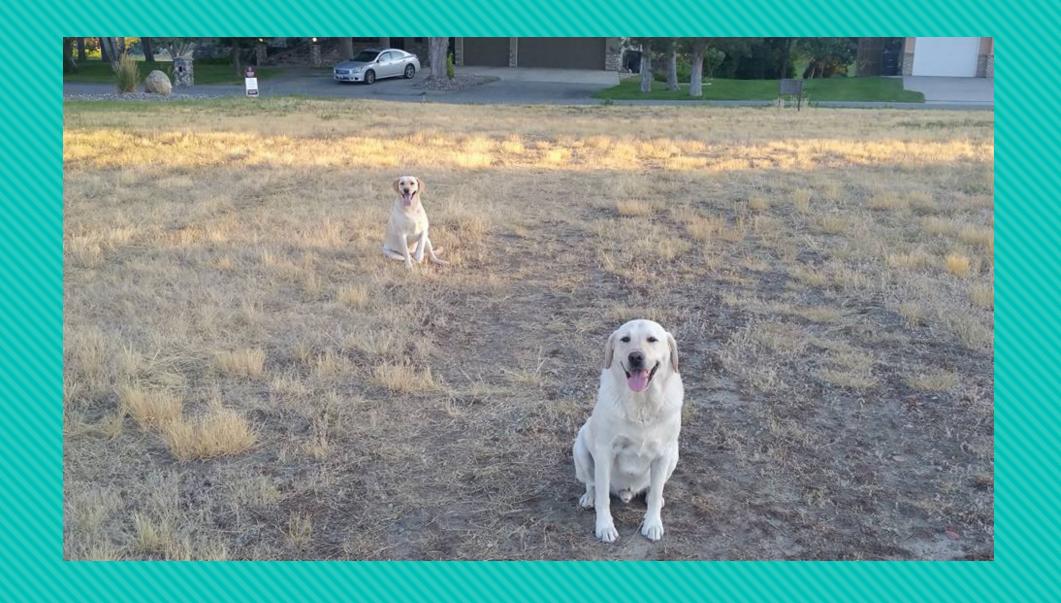
Offices:

Miles City:

406-234-0542

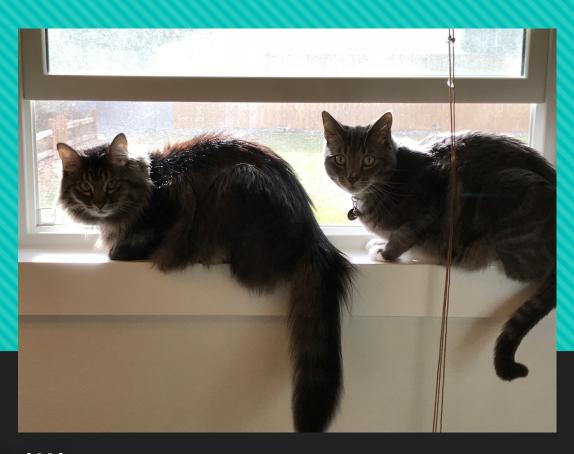
Forsyth: 406-853-2991

Colstrip: 406-749-0542





## Domestic Violence



Benjamin J. Halverson, Domestic Violence Prosecutor for the City of Billings

## City of Billings Domestic Violence Unit

- O Ben Halverson, prosecutor
- Charlee Marsh, Victim/Witness Specialist
- O Stefani Siegle, Victim/Witness Specialist
- Detective Katie Nash, Billings Police Department
- Information about why we do this work

#### Jurisdiction

- All misdemeanor domestic violence cases within the City of Billings
- O Collaboration with Yellowstone County Attorney's Office
- Coordination with YWCA of Billings and Gateway shelter
- O Note: City of Billings v. John Doe, not Victim's Name v. John Doe
- Important to note that City ultimately decides who to prosecute and whether or not to pursue charges against victim's wishes
- Other: we use the word "men" to describe domestic violence because men make up the vast majority of charged defendants, though women can certainly be abusive, manipulative, etc.

## Partner or Family Member Assault (PFMA)

- Standard domestic violence-related charge, a violation of Mont. Code Ann. 45-5-206
- Requires prosecution to prove that an abuser caused injury or fear of injury to a partner or family member
- O Key definition: "family member" can mean any past or existing intimate relationship. Divorce or other break up doesn't end the relationship for purposes of the law. Includes same sex couples.
- O First two offenses are misdemeanors and the third is a felony.
- Difference between PFMA and simple assault violence within a relationship is punished more severely and even a single misdemeanor conviction can result in the loss of federal firearm privileges

## Violation of an Order of Protection (VOOP)

- Requires government to prove that an offender knew about the protective order and still contacted the protected party.
- 2nd most common offense prosecuted by City Attorney's Office, a violation of 45-5-626
- O Note: a protective order is a civil matter issued by a judge. Instead of City of Billings v. John Doe, the civil order is called Jane Doe v. John Doe
- Commonly associated with divorces, parenting plans, or other preexisting domestic violence charges
- Third offense is a felony. If harassment is ongoing and causes victim substantial emotional distress, it can lead to felony stalking being charged.

# Stalking, Violation of a No Contact Order, Privacy in Communications

- Still classified as domestic violence cases if committed by one intimate partner against another
- Stalking (45-5-220) continued contact, following, threatening, harassing, etc, that causes victim substantial emotional distress. 2<sup>nd</sup> offense is a felony
- Violation of a No Contact Order (45-5-209) always associated with a pending charge of domestic violence. Prohibits abusers from having any contact with victim or witnesses during case. Punishable as a separate crime but does not turn into a felony.
- Privacy in Communications (45-8-213) requires government to prove that abuser sent offense texts or emails or left profane voice messages. Can apply to Facebook if directed specifically at another person. Third offense is a felony. Importantly, it does not prohibit "revenge porn," which is still not a crime in Montana.

## Other crimes

- Sexual Assault (45-5-502), third offense is a felony
- Strangulation of a Partner or Family Member (45-5-215), always a felony (effective May 19, 2017). Most studies show that abusers advance to strangulation after repeated abuse. Hardly ever a first step in domestic violence and is described as "the quickest way to kill someone without a weapon." Also, more intimate that any other form of violence because an abuser "holds the victim's life in his or her hands" by prohibiting their free flow of air.
- Only 50% of strangulation cases leave visible injuries. We know this now because of fatal strangulation reviews, where even some who had been strangled to death did not have injuries visible to the eye, though an autopsy confirmed fatal damage to arteries
- New law used to be prosecuted as misdemeanors
- O Assault with a Weapon (45-5-213) and Aggravated Assault (45-5-202)
- O Combine any two prior offenses committed against an intimate partner and the third is always a felony

## Question

Why is it important for cases to be brought on behalf of "the people" rather than just a victim?

## Challenges

- Victim cooperation. Depending on the case, roughly 70-80% of victims do not want cases pursued
- Fear for victims that abuse will escalate
- O Inability to leave father, husband, and primary income earner
- Witness Tampering a separate felony where an abuser:
  - Entices a victim to lie to law enforcement
  - O Demands that the victim not show up to testify in court
  - Encourages a victim or witness to avoid legitimate legal process

#### Profiles of Abusive Men

Taken from the seminal author on domestic violence, Lundy Bancroft in "Why does he do that?" and my own professional experiences with different abusers

#### The Demand Man

- O Female partner is responsible for taking care of male's shortcomings
- Happiness is usually completely dependent on how female treats him. If things aren't going well, it is the woman's fault
- O Above criticism
- Woman lucky to have him, not the other way around.

## Mr. Right

- O Incapable of admitting mistakes
- O Unwilling or incapable of apologizing for behavior
- Examples: jail calls, difficulty admitting guilt
- Thinks he is a genius and that a woman who doesn't agree does so at her own peril

#### The Water Torturer

- O Woman is crazy, not the abuser
- Challenges basic truths of a victim's life to convince them of their craziness
- O Argues over small details as a foundation to build off of bigger ones

## The Drill Sergeant

- Abuser who needs to be in control of every single detail of woman's life
- O Woman should have no friends (AKA competition) besides abuser
- Isolates victim, convinces her that nobody will love her as much as he does

#### Mr. Sensitive

- O Always acts hurt or vulnerable so victim will apologize
- O Blames victim, accuses her of being a burden
- Associates abuse with "macho men" to avoid appearing the same exact way
- Exceptionally manipulative, making victims believe that they can be "fixed" with just enough compassion

## The Player

- View women as objects
- O Demands sex, sometimes even without consent
- Column Likely to cheat
- Think of themselves as more of an animal except when it suits them, which justifies their lust and physical abuse

#### Rambo

- Views compassion and conflict resolution as bad, but views aggressiveness and impulse as good
- O Likely to be dangerous and violent to others, especially women
- O Women are inferior and exist to be protected by men
- Generally believes that abuse is bad, except when it comes to his own behavior

#### The Victim

- O Blames his own behavior on the victim
- Often claims to be a victim in instances of clearly documented physical violence suffered exclusively by the woman
- O Accuses victim of manipulating him into doing bad things
- O Accepts no responsibility for failed relationships
- Will often accuse those who call him out for being abusive as "anti-man" or being "out for blood."
- O Can use his own past suffering as justification for inflicting it on others

#### The Terrorist

- O Believes that victim has no right to defy or leave abuser
- Often believes that women are inherently evil and it is man's responsibility to keep them under control
- O Will threaten death, suicide, or danger to others
- Will utilize children as currency
- O Can actually enjoy the power associated with terrorizing women

#### The Addict

- O Blames substance abuse as the source of mistakes
- Deflects any criticism directly towards addiction, incapable of seeing it for what it is: an excuse
- Can link any hope of recovery to victim staying in abusive relationship, thus perpetuating domestic violence, abuse, and manipulation in an endless loop

## Typical Profile

- In my experience, an abuser has some combination containing different elements of these general profiles
- Not all abusers are the same, but the same abuser often does many of the same things to different victims
- Certain behavior is predictable: impulsiveness, lashing out over lack of control, baseless accusations against law enforcement, witnesses, and even the prosecution
- Real life examples?

## Pacer Ferguson

Charged with Stalking, Burglary, additional misdemeanors.

Victim cooperative while Defendant incarcerated.



#### Timeline

Pacer arrested on February 18, 2008.

Posts bond on June 9, 2008.

Victim becomes immediately uncooperative after release.

- Recant by letter
- Recant by contacting law enforcement
- Recant by contacting defense counsel or appearing before judge

Billings, Mt 59186 2008-87-16

Sandy Harris and Julie Plerce 217 N 27th St Billings, MT 59101

Dear Sancy Harris and Julie Plerce,

These last months have been a time of mixed and matched emotions that I can not explain. I have done a lot of pendering, procrastinating, and reconsidering. I know that both you and others have put a lot of time and effort into this case and I should have written this letter sooner. I do appreciate every thing that you have done for me, although it seems pointless now. I do give you my gradituity and apologize for the time wasted on this case.

I duy this case deeper when there really is not a solid genuine case. I feel I was not 100% honest and that the statements changed throughout my interviews. I was upset and scared for a while, but it was all in my head. I want to move out of Montana and not have to worry or deal with any of this. Dectaring this is a chapter in my life that I just want erased. Pacer has been involved in illegal activity a bit more than others but this situation is a miss-understanding and a judgmental call of past occurrences, due to this particular individual. I know that you will probably be mad at me, along with everybody else, but this is me talking and I do not want to charge him with anything; therefore I will not testify.

am getting the Order of Protection removed because I feet like it was never necessary in the first place. I was scared and mad at the beginning due to my own personal dwellings and it was a decision that I did not clearly think through. I believe I obtained the Order of Protection out of a rebelling stage and it's a major inconvenience in my life; whether Pacer and I pursue a relationship or not. I do not feel like I have to further more explain myself, due to my feelings of my individuality and things I want to accomplish in life.

I want this case dropped so I can move forward with my life, and so may everyone else. Thank you again for everything and I am applogetic that I wasted your time.

Sincerely,

SCANNED

Billings, MT 59106

8/20/2008

Ms. Sandy Harris Ms. Julie Plerce 220 N 27th St Billings, MT 59101 (406) 657-8490

Dear Ms. Sandy Harris and Ms. Julie Pierce and whom it may concern,
Throughout this case, my statements clearly changed and I exaggerated a lot because of my
disappointment, pressure from authority figures, and out of resentment. I feel like this
shouldn't involve the state, but should be between the individual and me.

First, I would like to say that Pacer did have permission to access my condo residence at 3400 Canyon Drive. I gave him the code on his birthday because I felt bad that he couldn't retrieve his things. We practically lived together. He was allowed to be there as long as he cleaned up after himself. I exaggerated and said he probably picked the lock and broke in because I feared disappointment from my parents. Also my shoes were probably missplaced or taken by someone else. As to my understanding there were more people in my house after this incident and now that I think of it my South Pole coat had a little rip in it which probably expanded from me wearing it every day. And my corduroy jacket was ripped by me. I blamed him because at the time I was angry and talked myself into it.

Second, Pacer did not close fist hit me. He moved fast towards me with his hand to move my hands away from my face because he was upset, thinking I cheated on him and wanted to talk. I misinterpreted this because I was nervous because he was thinking I cheated on him and I wasn't in the right state of mind. The statements that I said about he said he would kill me was exaggerated. He said if he couldn't be with me he would have to deal with it, meaning life without us together. When we went outside to look for Kaycee, I walked on the other side of my car, without him holding on to me.

Third, when I ran outside away from him I was scared because I didn't want to stay and talk to him about the issues that we were having. He wasn't pulling my teeth but had his hand by me so I wouldn't he so loud. I bit him because I was mad. That's when a lady said let her

Page 1

**SCANNED** 

go, and I thought it was my neighbor. She never clearly identified berself as the B.P.D. and I never said that Pacer had a gun.

I look back on my statements and wonder why I exaggerated on a lot of things and coming to think about it, I was irritated about the situation I [ee] like people authority figures pressured me into making it sound worse than it was. It was just a misunderstanding.

Last, this whole stalking thing is way way over exaggerated. I look back and it's kind of a blur but he did get out of his car and talk to me for a while and he left after me. We talked for a while. I called him a lot about 6 times when I was driving to the heights and texted him about 40. When I stated this to the B.P.D. it was out of confusion and anger. I never said he stalked me that day. If you consider that stalking, than why is what I did any different? Words were put into my mouth and Pacer was charged with Stalking. I would have never said anything if I knew the state would be this unjust and judging of one particular individual.

All that I am saying is that the charges Pacer was charged with should be dropped because as the "victim" or angry girlfriend I exaggerated out of anger and wanted him to pay for it. This clearly was wrong of me and I take full responsibility for my actions. I am still not testifying under any circumstance, not now or ever.

Sincerely,

Cc; Roberta Drew Charlie Martin Cotton Seacrest

#### Outcome

- Cases reduced to misdemeanors
- Pacer attempts to get the Order of Protection dropped with the following letter:

<u> </u>	
E <sup>3</sup>	PECEIVED BY OFFY OF BILLIN <b>OS</b> MUNICIPAL O <b>OUR</b>
	_ Dear Sie of Medern: 2010 JUL 29 PH 4: 41 7-25-10
	My mame in Pacu Inguyon. Il am the respondent to an indu of Protestion Dated, March 11, 2008.  Case # CV-2008: Cv M.I. Krisely.
<u> </u>	It is my understanding that this order is effective for life. However, it is my intention to attempt to have this
	provided but the petitioner
·	sweet motoring documenta supporting this position, including a motoring application and affidavit to disable Osether of sutetime filled out by dated 9-21-2018.
	What do it have to do to get this order dismissed? the "application and afficient to dissolve order of pretection" was submitted by Joss Herself, but no action was taken,
	Diff 1007
	This order cause an unnecessary hardship and risk to my fundam as our consistently
	attempts to initiate contact walnut fear of being held in volation of a no contact order. as al hand been, and for which I was returned to private.
r	
	el would greatly appreciate any assistance you can offer and will be easyerly avoiting your sesponse as elam Currently awaiting relaces.
	activity,
	Faces Lesquess

.

## Municipal Court's response



#### Billings Municipal Court

Bax 1178 Billings, NIT 59103 Phone 657-8490 Fax 657-8075

Many Jane McCalla Knisely Municipal Court Judge

August 6, 2010

Pacer Anthony Ferguson 3800 Ulm N. Frontage Rd Great Falls MT 59404

Docket # CV-2008-000001 Dear Mr. Ferguson:

The Court has received and reviewed your letter regarding dismissal of the above-listed order of protection issued by this court on March 11, 2008. The Court will not quash this order without first hearing from the petitioner.

v. Pacer Anthony Ferguson

You state in your letter that N filed an application and affidavit to dissolve the order of protection. This is true, however, the affidavit was not notarized and this Court does not accept written affidavits from potitioners to quash orders of protection. The Court requires the petitioner to come to an open court setting, provide the Court with photo identification, and to tell the Court the reasons for requesting the order to be quashed. Upon receiving the affidavit, a clerk contacted N / and notified her of these requirements. She elected not to take this route, thus, the order remains in full force and effect until such time the Court is contacted by N in person.

Therefore, at this time, the Court will not be quashing the order of protection and the order will remain in full force and effect, permanently.

Sincerely.

Autumn C. Hicks Billings Municipal Court

## Pacer won't take "No" for an answer

CN-2008-72 It is for this reason that it ask you to grant a hearing and summons to answer the accurations of frame presented, as it was required to do when this order was Dear Judge Knissly My name is facer Ferqueon. On March 11, 2008 year glanted a enermanent restraining order to in which it was the respondent. originally issued. Let that hearing referred to an alleged assault from Lebruary 18, 2008 as her reason for I greatly appreciate your attention in this requesting the restraining order. Oath in order to obtain the restraining order. Respectfully They include a notarized copy of an application and affectain to dissible order of protection filed by Mr. Hilty on 9-21-08, two letters written by Mrs. Hilty to the Yellowstone County attorneys office, and a transcribed interview had with my the attorney Roberta Quew, and her private investigator Tom Taggart. fraudulent accusitions, I as a result of was charged with swedl felories and misdementors in district Court and my probation was swelled the Charges were all dismoved as her original statements but I was sent to uprison on the probation itseletion for violating the restraining order, by calling my fathers home which is where where was living at the time. I have been in prison since august 2008 and I feel that this restraining order which was obtained under false pretenses has caused undue hardship on me and my family

## Pacer Ferguson in 2012

- O Broke his girlfriend's eye socket
- Convinced her that nothing was wrong and would not let her go to hospital
- Victim begins to have double vision and eventually goes to hospital, where she reports falling in the shower
- Doctors are less convinced victim gets a mesh face plate replacement

## Victim Cooperative?

- This victim, like in the past, moved into the basement of the Ferguson family residence
- Wrote a similar letter to the same prosecutor, notarized and completely recanted her initial report to law enforcement
- Eventually, victim breaks up with Pacer and testifies against him at trial.
- Outcome? Acquitted.
- "Women are dramatic."

## Joseph Forsythe

Lengthy criminal history
Originally charged with
misdemeanor PFMA in
Municipal Court
WARNING: Vulgar
language



# Correspondence to victim

KNOW. BABE, IVE LOT A-NO-CONTACT ORCER Against ME, Im Not SUPPOSED 10 CONTACT YOU UNTIL This CASE IS OVER ,

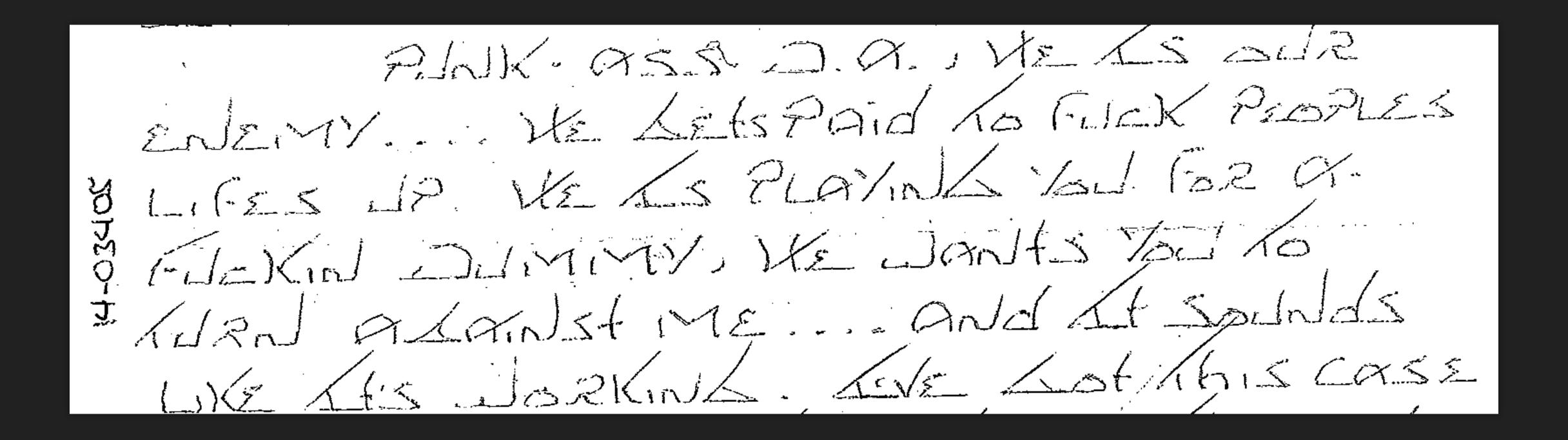
# 11 days after assault

TO YOU REAL SOON. OH, MAYBE You should CALL The D.A.'S OFFICE AND TELL THEM THAT YOU WONT TESTIFY AGAINST ME, AND ME HOME Right AWAY.

# 13 days after assault

303E, 16045 Why 1 BEEN WRITING TO YOU! AND I CANT USE YOUR REAL NAME ON FRONT OF THE ENVELOPE. Da What I hold You to do MER LEHERS, But, don't KELL, hat JE Wave 13EEn 1.11 26 24682 JUST

# 81 days after the assault



ANCILICINAL LISINA YOU. THE ONLY JAY
THAT I CAN LOSE AS AF YOU KESTIFY

OLD YOUR SELF... NO. I! YOURINE UP SO

(FUCKIN EASY, It'S You who

DOSENT LOVE ME... AND J. HY ARE YOU

So BE LOOD ... KILL BE HOME REAL SOON. OLLJAYS YOU'R KILS BOND

## Legal Issues

- O Spousal Privilege doesn't apply in incidents of alleged domestic violence
- O But does it apply to Witness Tampering?
- O Remember, there can be no tampering if there is no underlying crime
- O Is it fair for abusers to be able to prevent their victims from testifying not only about the abuse, but about the abuser's efforts to get away with it?
- O Resolution of case final jail call from Joe to Gianna

#### Recorded Jail Calls

- O WARNING: Vulgar language
- Every abuser booked into jail should be ordered not to have any contact with their victim
- Inmates know their calls are recorded. We have ability to listen in from the internet and block numbers as necessary
- O Many do not follow the rules and try to hide it shortly thereafter

#### Other issues

- Victims can sometimes be hostile
- One posted my address online
- Others complain to my boss, complain to the City Council, or on Facebook
- Others go to the Judge directly

### What can the faith community do to help?

- Do not let abusers hide behind religious text, most of which is taken out of context to justify abusive behavior
- Marriage should be supported and celebrated, but not at the expense of a married party. If one party to the marriage is miserable and victimized, what kind of marriage is it to begin with?
- Be supportive of victims who may not want to involve the criminal justice system
- Be willing to listen your conversation may not end abuse today, but it may save a life down the road
- O Accept that ending relationships is hard, even without abuse

## Most important thing to do:

- Many studies show that abusers cannot modify their behavior, and only do so after an average of 2,000 hours of counseling. That's basically one year of work for any normal human being
- If we can't fix abusers, we can prevent their children from following the same path
- Many children witness domestic violence and call 911 to report it they are more likely to abuse in the future if we don't step in
- O Supporting mothers with children and showing children that they are loved, and most importantly, that they are safe, helps to stop this cycle of violence
- O Children can recover from incredible trauma, but they need to know the difference between right and wrong and between love and hate

#### Resources

- O Custer Network Against Domestic Abuse and Sexual Assault (234-0542)
- Custer County Attorney Victim/Witness Program (874-3450)
- O If immediate danger, please call 911 and trust your instincts.

#### Ben Halverson



You can call me at my office, 237-6150, or email me at halversonb@ci.billings.mt.us, even if I can't help you myself, I can certainly find someone who can.



Jeffery B. Johnson, MBA, CMAS High-Risk Security Specialist

# Why a Domestic Violence Education and Prevention Workshop

- The Rate of Domestic Violence Incidents Remain Significantly High
- Additional Education And Training / With Strong Preventative,
   Situational Assessment, And Support Components Are Required
- To Be Successful, A "Village" Is Required

# Why a Domestic Violence Education and Prevention Workshop

- 26 people were killed at First Baptist Church in rural Sutherland Springs, Texas, authorities said. The shooter fled and was pursued by a resident and police but was found dead after running his car off the road.
- Law enforcement officials identified the alleged gunman as Devin Patrick Kelley, 26, of neighboring Comal County, Texas.
- Kelley was court-martialed in 2012 on two charges of assaulting his spouse and their child, a U.S. Air Force spokeswoman confirmed. He was confined for a year, reduced in rank to airman basic E-1 and given a bad conduct discharge in 2014.

# Why a Domestic Violence Education and Prevention Workshop

- While perpetrators of domestic violence account for only about 10 percent of all gun violence, they accounted for 54 percent of mass shootings between 2009 and 2016,
- Robert Orsi shot and killed his wife, Charlene Ann Orsi, and one of their four children. The Wetumpka Herald reported that that the girl who was killed was one of the couple's 12-year-old triplets. Robert Orsi then set the house on fire before shooting and killing himself. The tragedy occurred nine days after Charlene Orsi, 44, filed for divorce.

# The Objectives For This Workshop

- To Identify Potential Domestic Violence Abusers and Relationships
- How To Recognize Domestic Violence Cues In Your Relationship
- How To Help Someone Who Might Be In A Domestic Violence Relationship\_
- How To Get Help If You or Someone You Know Is In A Domestic Violence Relationship
- Dealing With The Aftermath Of A Domestic Violence Relationship

# What Does A Domestic Abuser Look Like?









# Prevention Intelligence

# Potential Abuser Profile

- Low self-esteem
- Aggressive or delinquent behavior as a youth
- Heavy alcohol and drug use
- Depression
- Anger and hostility
- Antisocial personality traits
- Borderline personality traits
- Prior history of being physically abusive
- Emotional dependence and insecurity
- Belief in strict gender roles (e.g., male dominance and aggression in relationships)
- Desire for power and control in relationships
- Perpetrating psychological aggression
- Being a victim of physical or psychological abuse (consistently one of the strongest predictors of perpetration)
- History of experiencing poor parenting as a child

# Ideological Offender

#### "Believe In Their Mission"...

The Ideological Offender believes in the reason that has now "REQUIRED" them to act. These persons can range from family members who may feel that another member has violated a non-negotiable tenet, and as such they have to be punished, or the punishment of the members of a group who might embody the very transgression of their closely-held belief. It NOT always about religion or race.

**EXAMPLE**: A man believes that Wall Street Stock Brokers are ALL THIEVES and have no redeeming value. So therefore, they must be "eliminated". Ideologues routinely search for the best examples of their distain and are accessible to be punished.

# Impaired Offender

Mental Function Is Impaired By Physical Or Psychological Reasons:

"I Just Can't Help Myself"....

Their actions are ruled by something within them. Psychological origins such as

- Sociopathy
- Psychopathy
- Narcissism\*
- PTSD
- Brain Injury (TBI)

# Sociopathy (4% of Population)

- Sociopaths want to be in charge, not just in charge but to DOMINATE OTHERS.
- Sociopaths tend to talk A LOT and usually pretty fast. This is done to cover what they're trying to do and most of what they say isn't true.
   Part maybe, just enough to keep you listening to them.
- Be CAREFUL AROUND THESE PEOPLE... THEY CAN GO FROM BIG SMOOZERS OR FLATERERS, TO WHO WILL FLATTEN YOU WITH LITTLE OR NO REMORSE. THEY ARE THE MASTER OF THEIR WORLD, AND YOU'RE ONLY IN IT TO SERVE THEM
- PAY CLOSE ATTENTION TO THEIR BEHAVIOR and NOT THEIR WORDS.
- Something that 90% of people would NOT find amusing Sociopaths will.

# Sociopathy (4% of Population)

- The sociopath, in this sense, feels entitled to "take" from others
  whatever it is he wants. Others do not exist as individuals with
  legitimate personal boundaries. There really are no boundaries sacred
  to the sociopath
- A high-risk domestic violence offender. He will abuse easily, without compunction, because you are merely an "object" to him; in his frustration or rage, for instance, he might kick you in the stomach and bend you over in agony, and feel no more remorse than if he were to kick and dent his car door in a similar discharge of rage.
- He is likely to stand over you and watch you writhe in pain on the floor as if he's kicked a car door.
   Steve Becker, LCSW, 2012

# Psychopathy (1% of Population)

- Psychopaths can be quite difficult to identify. They can be quite charming, but have an extremely dark and dangerous side to them.
- A disregard for laws and social mores
- A disregard for the rights of others
- A failure to feel remorse or guilt
- A tendency to display violent or aggressive behavior
- Psychopaths are unable to form emotional attachments or to feel real empathy for others. (Difference between Socio and Psychopaths)
- Psychopaths tend to be aggressive and predatory in nature.
- They view others as objects for their amusement
- Psychopaths are often well educated and hold steady jobs.
- When committing crimes, psychopaths carefully plan every detail in advance and often have contingency plans in place.

# Psychopathy (1% of Population)

- There is an increased desire for gratification and there is no such awareness of hurting others. The need for instant gratification, power and dominance is always at the expense of innocent victims that are manipulated and rejected once these needs have been met or once the perpetrator realizes his needs will not be met or has identified another victim to move onto.
- Has no consideration for how others feel or what consequences may arise from their reckless actions. There is simply no interest in anything other than their instant gratification and serving their desires.
- If the psychopathic perpetrator is challenged in any way by their victim (s) they
  can become argumentative and violent, blaming the victim thus shifting the focus
  from him onto them.

This is because when challenged by others, there is a risk that they will be exposed as being something other than charming, intelligent and convincing.

# Narcissism\*(6% of population)

- 1) Classical Narc 2) Malignant Narcissist 3) Covert Narcissist 4) Communal Narcissist
- Over-exaggerated sense of entitlement. Not just on a special day like their birthday, but EVRY DAY!! EVERYDAY IS ABOUT THEM
- No conscience or remorse. Cruel, Sadistic and Egocentric
- A person with malignant narcissism has the potential to destroy families, communities, nations, and work environments. This condition reflects a hybrid or blending of narcissistic and antisocial personality disorders.
- Many will become angered if their lies are challenged with truth or facts. Of course, this can create problems for the people close to them, as this pattern of behavior can easily veer into gaslighting.

# Narcissism\*(6% of population)

- Rages often have the tone of a wounded, tantrumming child thrashing at a sibling or parent for recompense at having been mistreated.
- The narcissist believes that the world should treat him fairly, sensitively; he believes that the world—that is, everyone—should give him his due (whether he's earned it or not); he has the underlying belief that he should be protected from, really excused from having to endure, the "slings and arrows" that others have to suffer with composure.
- Deprive the narcissist of these protective, catering experiences and you are inviting his wrath and retribution. Consequently, the narcissist is at high risk to abuse his partners and others, domestically and otherwise.

Steve Becker, LCSW, 2012

# PTSD (7.8% of Population)

- Post-Traumatic Stress Disorder Post-Traumatic Stress Disorder (PTSD)
  is an anxiety disorder Traumatic events that may trigger PTSD include
  violent personal assaults, natural or unnatural
- Re-experiencing the trauma through intrusive distressing recollections of the event, flashbacks, and nightmares.
- Emotional numbness and avoidance of places, people, and activities that are reminders of the trauma.
- Increased arousal such as difficulty sleeping and concentrating, feeling jumpy, and being easily irritated and angered.
- PTSD can cause a person to make bad choices that lead to antisocial behaviors. Increased use of alcohol or drugs can lead to driving while intoxicated, domestic violence, and petty theft
- PTSD doesn't usually result in crimes such as drug trafficking, child pornography, theft, rape

# PTSD (7.8% of Population)

- In studies of U.S. veterans, it has been found that depression played a role in aggression among people with PTSD. People who have both depression and PTSD may experience more feelings of anger and, therefore, may have greater difficulties controlling it.
- A couple of studies have found that violent and aggressive behavior, especially among men, may be used as a way of attempting to manage unpleasant feelings.
- Aggressive behavior may be a way of releasing tension associated with other unpleasant emotions stemming from a traumatic event, such as shame, guilt or anxiety.

<sup>\*</sup>Just because some people have experienced a traumatic event or have PTSD does not mean that they will exhibit violent behavior.

# Traumatic Brain Injury (8.5% & 2%)

- A traumatic brain injury (TBI) is defined as a blow or jolt to the head or a penetrating head injury that disrupts the function of the brain.
- Not all blows or jolts to the head result in a TBI. The severity of such an injury may range from "mild," with a brief change in mental status or consciousness, to "severe," with an extended period of unconsciousness or amnesia after the injury.
- A TBI can cause a wide range of problems in thinking, sensation, learning, language, behavior, and/or emotions.
- Persons with TBI may experience mental health problems such as severe depression, anxiety, difficulty controlling anger and alcohol or substance abuse.
- The loss of inhibition and self-regulation arising out of damage to the orbitofrontal and ventromedial areas of the frontal lobes – resulting in impulsivity, lack of interpersonal sensitivity and impulsive reactive aggression

# Traumatic Brain Injury (8.5% & 2%)

- Before their injury, people who sustain a TBI are twice as likely as others in the community to have issues with substance abuse – the use may have led to the injury
- Some studies indicate that between 10% and 20% of persons with TBI develop a substance abuse issue for the first time after their injury

Mount Sinai Medical Center Ohio Valley Center for Brain Injury Prevention and Rehabilitation (Corrigan et al. 1995; Kreutzer et al, 1996)

- One of the Leading Causes in Domestic Violence or any kind of Abuse
- Seldom Assault Only Once

New York State Office for the prevention of DV (Monahan & O'Leary, 1999)

# Abusive Relationship Signs

Domestic Abuse and Domestic Violence:
10 Warning Signs of Abuse and an Abusive Relationship



I in 4 women will fall victim to domestic violence at some point during her life



I in 3 female homicide victims was killed by a current or former partner



Women in their early 20's are at the highest risk of suffering domestic abuse





#2
Restricting
Relationships
Abusers will try to
restrict their victim's
relationships with
family and friends.



#3
Jealousy and
Possessiveness
They may be jealous with family members and

They may be jealous with family members and even your relationship with your child or pet!



Inequity of Power
In an abusive relationship,
there is a very unequal
balance of power.



Won't Take No for an Answer If a partner refuses to accept 'no' for an answer, this is a sign of a real problem.



Explosive Temper Abusers often have a very hot temper; many go from zero-to-sixty in an instant.



They Make (and Break)
Promises All the Time
Abusive individuals will

Abusive individuals will often spew promises in an attempt to control and manipulate their partner.



#8
Destruction of Self-Worth

Abusers work very hard to destroy their victim's sense of self-worth and confidence.



Fear and Threats
An abuser will instill
feelings of fear in
their victim.



**Physical Harm** 

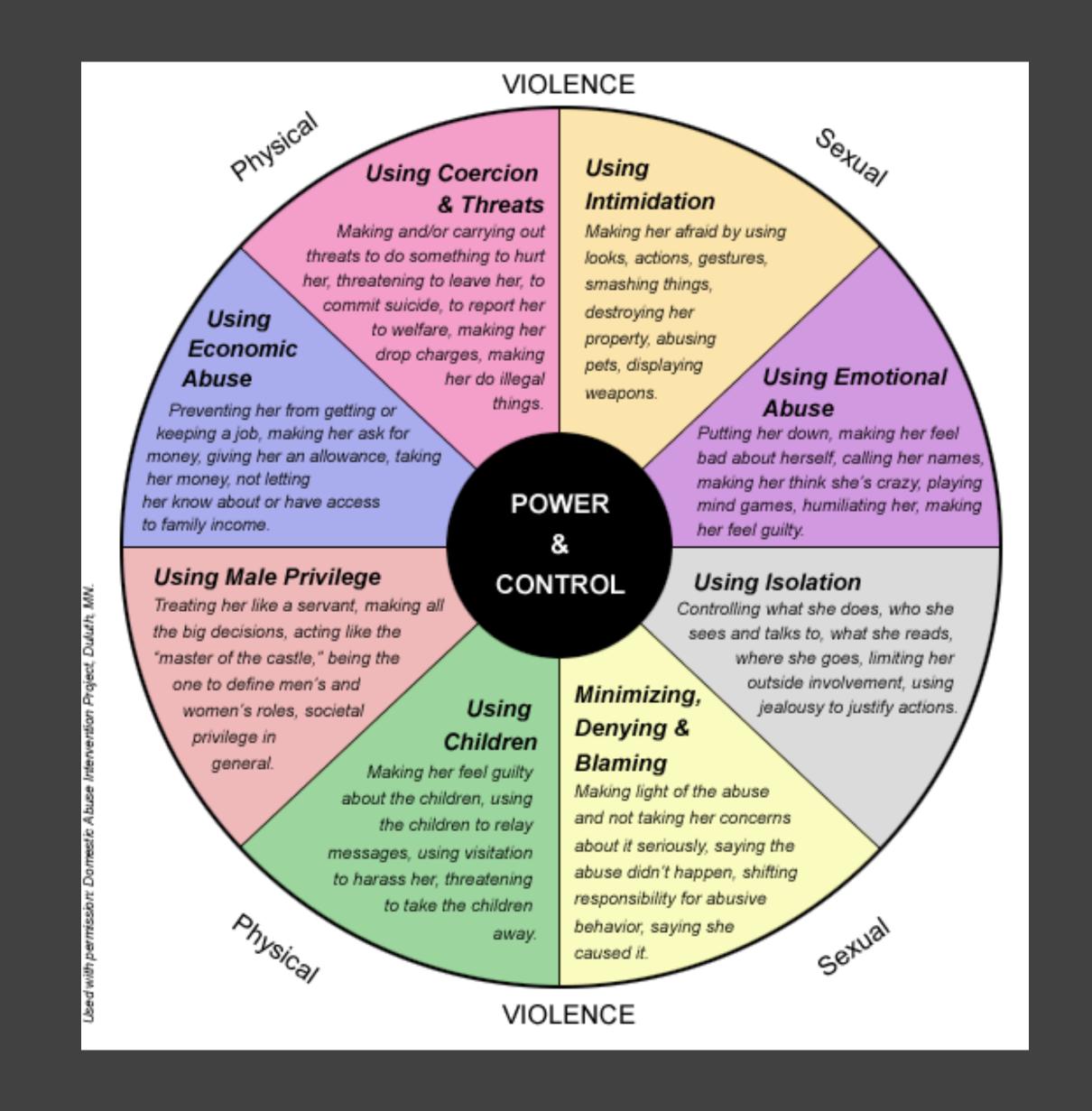
It's essential to recognize physical abuse as such. It is never, ever acceptable to slap, punch, choke, grab, shake, spit or otherwise lash out at your partner in a physical manner. Even if it happens only once, this is abuse.

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Help for Abused Women and
Domestic Violence Survivors
Visit www.DomesticAbuseandDomesticViolence.com

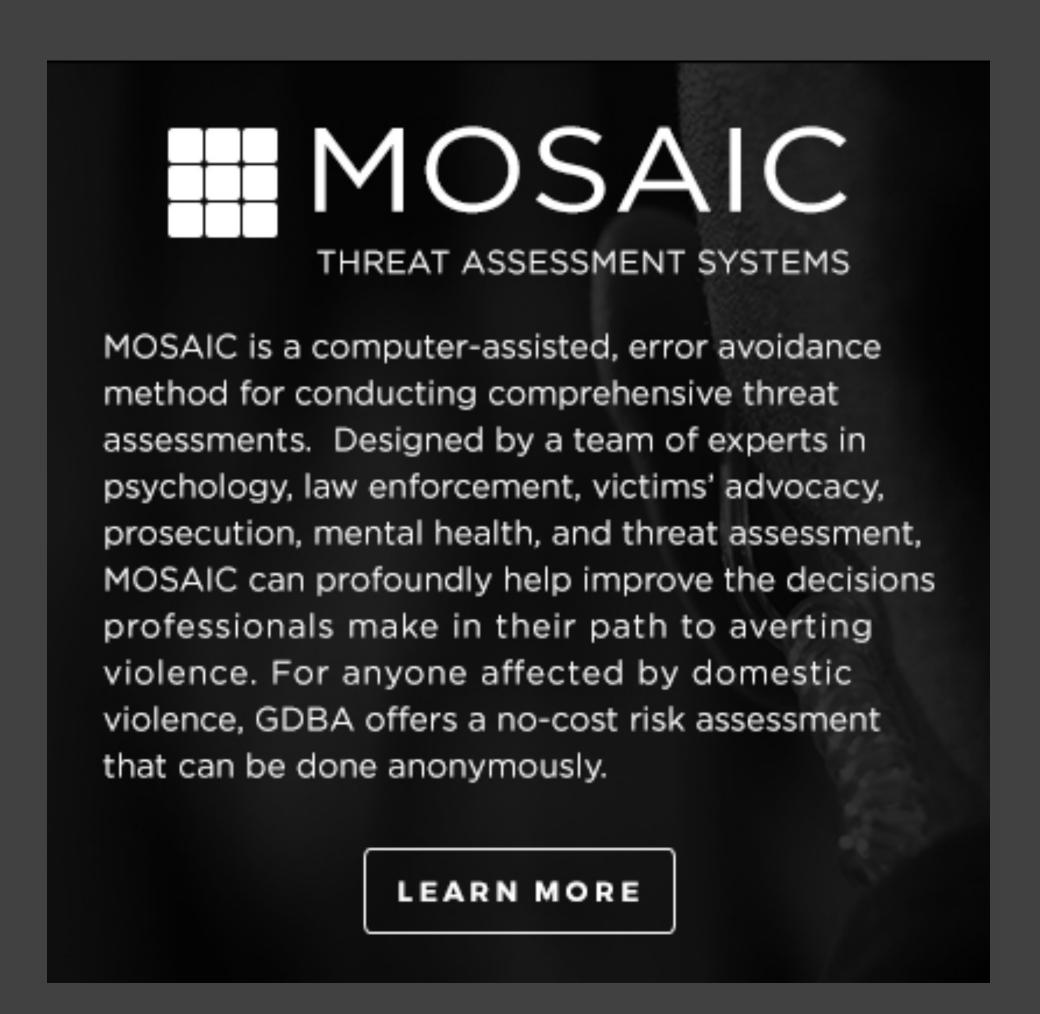


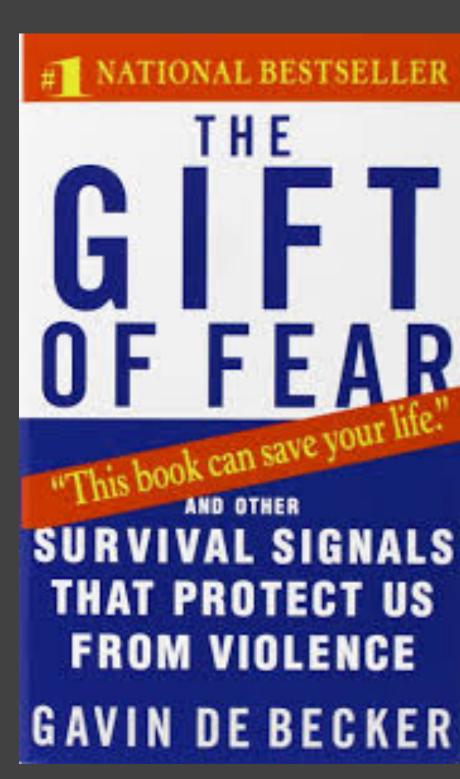
Available on amazon

# Abusive Relationships



# Abusive Relationship Prediction Tool







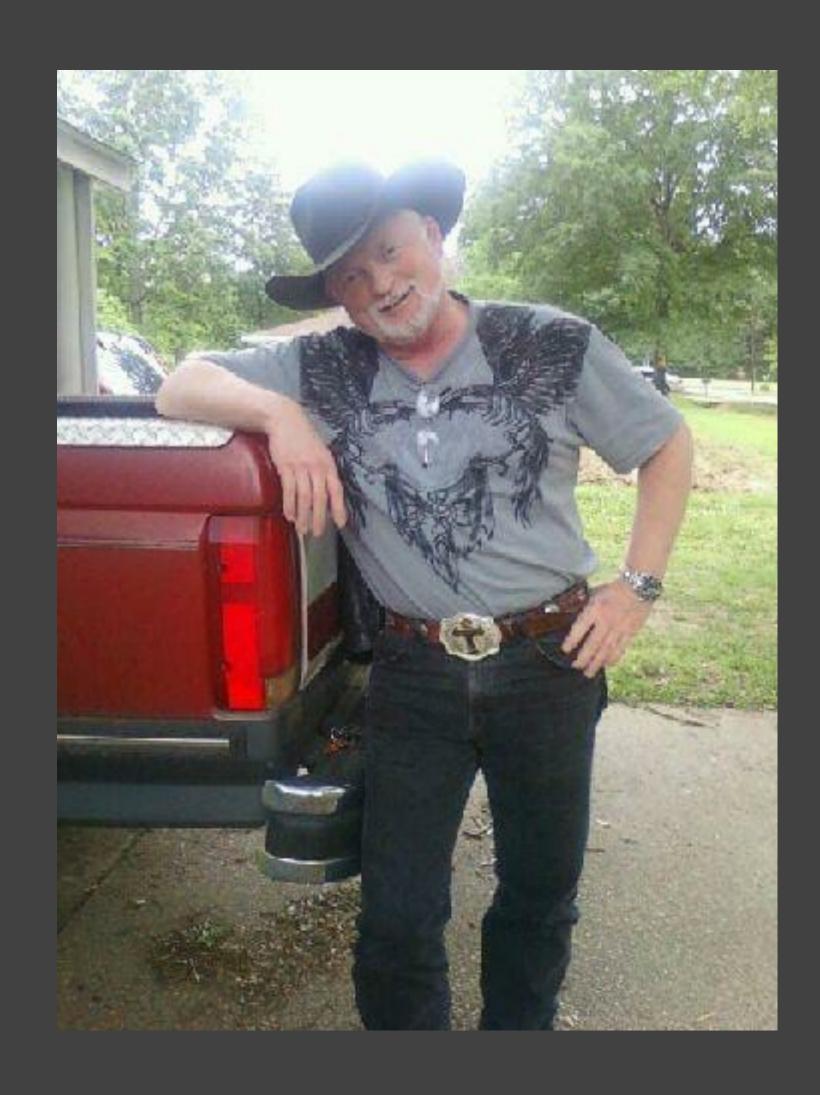
https://www.mosaicmethod.com/

Gavin De Becker

# Abusive Relationship Prediction Tool

SIGN IN







- That Part Of You That Knows That There Is Something Not Right
- Buried Deep Within Processing Very Rapidly In The Background
- Provides The Ability To Play Chess, Strategize To Address The Potential Danger

### The Transition Zone Commandments Of Personal Safety

- 1) Thou shalt pick the safest option possible
- 2) Thou shalt not park further than necessary from the building that you intend to enter.
- 3) Thou shalt have your keys in hand before you leave the car for the building or the building for the car.
- 4) Thou shalt scan your immediate vicinity for possible security issues before exiting the car or the building and entering the transition zone. Stop any activity that prevents you from doing so prior to the scan.

  5) Thou shalt not spend more time in the transition zone than necessary.

### The Transition Zone Commandments Of Personal Safety Cont.

- 6) Thou shalt not be distracted by phone or other non emergency actions while in the transition zone.
- 7) Thou shalt not stop to establish meaningful relationships in the transition zone. Go inside safe zone FIRST. If they're truly interested in you, then your feeling safe is also a priority.
- Thou shalt not enter your car with unknown person.
- 9) Thou shalt not go ANYWHERE FOR ANY REASON with a stranger no matter the threat made.
- 10) Thou shalt not wait to prove that the situation is not as dangerous as you might be feeling it is. ACT NOW to be safe, VERIFY later. Follow your intuition FIRST.

#### Assault Law

#### **State of Montana**

**45-5-201. Assault.** (1) A person commits the offense of assault if the person:

- (c) purposely or knowingly makes physical contact of an insulting or provoking nature with any individual; or
- (d) purposely or knowingly causes reasonable apprehension of bodily injury in another.

### State of Minnesota

5<sup>th</sup> Degree Assault 609.224 Gross Misdemeanor

- (1) commits an act with intent to cause fear in another of immediate bodily harm or death; or
- (2) intentionally inflicts or attempts to inflict bodily harm upon another."

# Pre-Incident Indicators PIN #1

#### **Forced Teaming**

This is when a person implies that they have something in common with their chosen victim, acting as if they have a shared predicament when that isn't really true. Speaking in "we" terms is a mark of this, i.e. "We don't need to talk outside... Let's go in."

### Pre-Incident Indicators

**PIN #2** 

#### Loan Sharking

Loan Sharking. Giving unsolicited help to the chosen victim and anticipating they'll feel obliged to extend some reciprocal openness in return.

### Pre-Incident Indicators

**PIN #3** 

### Too many details

If a person is lying they will add excessive details to make themselves sound more credible to their chosen victim.

### Pre-Incident Indicators

PIN #4

#### The Unsolicited Promise

A promise to do (or not do) something when no such promise is asked for; this usually means that such a promise will be broken. For example: an unsolicited, "I promise I'll leave you alone after this," usually means the chosen victim will not be left alone. Similarly, an unsolicited "I promise I won't hurt you" usually means the person intends to hurt their chosen victim.

### Pre-Incident Indicators

#### PIN #5

#### **Typecasting**

An insult is used to get a chosen victim who would otherwise ignore one to engage in conversation to counteract the insult. For example: "Oh, I bet you're too stuck-up to talk to a guy like me." The tendency is for the chosen victim to want to prove the insult untrue.

### Pre-Incident Indicators

**PIN #6** 

#### Charm and Niceness

This is being polite and friendly to a chosen victim in order to manipulate him or her by disarming their mistrust.

Pre-Incident Indicators
PIN #7

Discounting the Word "No" Refusing to accept rejection.



Address: 903 Lynch Dr. Unit 10

Billings, Montana 59105

Phone: (406) 894-2727

**Email:** jbjohnson@truenorthstratcon.com

Website: www.truenorthstratcon.com

Facebook: www.facebook.com/Truenorthstrategicconsultants/

"Security Protection Questions or Training"

If Emergency Dial 911 FIRST